

# Sources of Career Information

This section identifies sources of information about career planning, counseling, training, education, and financial aid. *Handbook* statements also include a section on sources of additional information, which lists organizations that can be contacted for more information about particular occupations including, in some cases, the required training and education.

## Career information

Listed below are several places to begin collecting information on careers and job opportunities.

**Personal contacts.** The people close to you—your family and friends—can be extremely helpful in providing career information. They may be able to answer your questions directly or put you in touch with someone else who can. Networking can lead to meeting someone who can answer your questions about a specific career or company and provide inside information and other helpful hints. It is an effective way to learn the type of training necessary for a certain position, how someone in that position entered the field, the prospects for advancement, and what they like and dislike about the work.

**Public libraries, career centers, and guidance offices.** These institutions maintain a great deal of up-to-date material. To begin your library search, look at the computer listings under “vocations” or “careers” and then under specific fields. Check the periodicals section, where trade and professional magazines and journals about specific occupations and industries are located. Become familiar with the concerns and activities of potential employers by skimming their annual reports and other public documents. Occupational information on video cassettes and computerized information systems or the Internet can be valuable. Don’t forget the librarians; they can be a great source and can save you valuable time by directing you to relevant information.

Check your school’s career centers for resources such as individual counseling and testing, guest speakers, field trips, books, career magazines, and career days.

Always assess career guidance materials carefully. The information should be current and objective. Beware of materials that seem to glamorize the occupation, overstate the earnings, or exaggerate the demand for workers.

**Counselors.** These professionals are trained to help you discover your strengths and weaknesses, evaluate your goals and values, and help you determine what you would like in a career. Counselors will not tell you what to do. However, they may administer interest inventories and aptitude tests, interpret the results, and help you explore various options. Counselors also may discuss local job markets and the entry requirements and costs of schools, colleges, or training programs. Counselors are found in:

- High school guidance offices
- College career planning and placement offices
- Placement offices in private vocational or technical schools and institutions
- Vocational rehabilitation agencies

- Counseling services offered by community organizations
- Private counseling agencies and private practices
- State employment service offices

Before employing the services of a private counselor or agency, you may want to seek recommendations and check their credentials. The International Association of Counseling Services (IACS) accredits counseling services throughout the country. To receive a listing of accredited services for your region, send a self-addressed, stamped, business-size envelope to:

- IACS, 101 South Whiting St., Suite 211, Alexandria, VA 22304. Phone: (703) 823-9800. Internet: <http://www.iacsinc.org>

The *Directory of Counseling Services*, an IACS publication providing employment counseling and other assistance, may be available in your library or school career counseling center. A list of certified career counselors by city or State is available from:

- National Board of Certified Counselors, 3 Terrace Way, Suite D, Greensboro, NC 27403-3660. Phone: (336) 547-0607. Internet: <http://www.nbcc.org>

**Internet networks and resources.** The growth of online listings has made countless resources instantly available at any time. Most companies, professional societies, academic institutions, and government agencies maintain Internet sites that highlight the organization’s latest information and activities.

Listings may include information such as government documents, schedules of events, and job openings. Corporate and government websites often provide job application information, including links for submitting resumes. Listings for academic institutions often provide links to career counseling and placement services through career resource centers, as well as information on financing your education. Colleges and universities also offer online guides to campus facilities and admission requirements and procedures.

The variety of career information available through the Internet provide much of the same information available through libraries, career centers, and guidance offices. However, no single network or resource will contain all desired information, so be prepared to search a variety of places. As in a library search, look through various lists by field or discipline, or by using keywords.

Career sites can be an excellent place to obtain information about job opportunities. They provide a forum for employers to list job openings and for individuals to post their resumes. Some Internet sites also may provide an opportunity to research a particular industry or company.

America’s Career InfoNet provides ideal information for anyone exploring different careers. It provides data on employment growth and wages by occupation; the knowledge, skills, and abilities required by an occupation; and links to employers. Internet: <http://www.acinet.org/acinet>

America’s Job Bank (AJB), administered by the U.S. Department of Labor, lists more than 1 million job openings on any given day. These job openings are compiled by State employment service offices throughout the Nation. AJB is accessible at: <http://www.ajb.dni.us>.

**Professional societies, trade associations, labor unions, business firms, and educational institutions.** These organizations provide a variety of free or inexpensive career material. Many of these are listed in the sources of additional information section at the end of individual *Handbook* statements. For information on occupations not covered in the *Handbook*, consult directories in your library's reference section for the names of potential sources. You may start with *The Guide to American Directories* or *The Directory of Directories*. Another useful resource is *The Encyclopedia of Associations*, an annual publication listing trade associations, professional societies, labor unions, and fraternal and patriotic organizations.

The National Technical Information Service Audiovisual Center, a central source for audiovisual material produced by the U.S. Government, sells material on jobs and careers. For a catalog, contact:

- NTIS Audiovisual Center, Springfield, VA 22161. Phone: (800) 553-6847. Internet: <http://www.ntis.gov/nac>

**Federal Government.** Information on employment with the Federal Government is available from the Office of Personnel Management (OPM) through a telephone-based system. Consult your telephone directory under U.S. Government for a local number or call (912) 757-3000; Federal Relay Service: (800) 877-8339. The first number is not tollfree, and charges may result. Information also is available from the OPM Internet site: <http://www.usajobs.opm.gov>

**Organizations for specific groups.** The organizations listed below provide information on career planning, training, or job opportunities prepared for specific groups. Consult directories in your library's reference center or a career guidance office for information on additional organizations associated with specific groups.

#### **Disabled workers:**

Counseling, training, and placement services for those with disabilities is available from:

- National Business and Disability Council, 201 I.U. Willets Rd., Albertson, NY 11507. Phone: (516) 465-1515. Internet: <http://www.business-disability.com>

#### **Blind workers:**

Information on the free national reference and referral service for the blind can be obtained by contacting:

- National Federation of the Blind, Job Opportunities for the Blind (JOB), 1800 Johnson St., Baltimore, MD 21230. Phone: (410) 659-9314. Internet: <http://www.nfb.org>

#### **Older workers:**

- National Council on the Aging, 409 3rd St. SW., Suite 200, Washington, DC 20024. Phone: (202) 479-1200. Internet: <http://www.ncoa.org>
- National Caucus and Center on Black Aged, Inc., Senior Employment Programs, 1220 L St. NW., Suite 800, Washington, DC 20005. Phone: (202) 637-8400. Fax: (202) 347-0895. Internet: <http://www.ncba-aged.org>
- Asociación Nacional por Personas Mayores (National Association for Hispanic Elderly), 234 East Colorado Blvd., Suite 300, Pasadena, CA 91101. Phone: (626) 564-1988. E-mail: [anppm@aol.com](mailto:anppm@aol.com)

#### **Veterans:**

Contact the nearest regional office of the U.S. Department of Labor Veterans' Employment and Training Service or:

- Veterans' Employment and Training Service (VETS), 200 Constitution Ave. NW., Room S-1316, Washington, DC 20210. Phone: (202) 693-4738. Internet: <http://umet-vets.dol.gov>

#### **Women:**

- Department of Labor, Women's Bureau Clearinghouse, 200 Constitution Ave. NW., Washington, DC 20210. Phone: (800) 827-5335. Internet: <http://www.dol.gov/dol/wb>
- Wider Opportunities for Women, 815 15th St. NW., Suite 916, Washington, DC 20005. Phone: (202) 638-3143. Internet: <http://www.wowonline.org>

Federal laws, executive orders, and selected Federal grant programs bar discrimination in employment based on race, color, religion, sex, national origin, age, and handicap. Information on how to file a charge of discrimination is available from U.S. Equal Employment Opportunity Commission offices around the country. Their addresses and telephone numbers are listed in telephone directories under U.S. Government, EEOC. Internet: <http://www.eeoc.gov>

## **Education and training information**

Colleges, schools, and training institutes readily reply to requests for information about their programs. When contacting these institutions, you may want to keep in mind the following items:

- Admission requirements
- Courses offered
- Certificates or degrees awarded
- Cost
- Available financial aid
- Location and size of school
- Placement rate of graduates

Check with professional and trade associations for lists of schools that offer career preparation in a field in which you are interested. High school guidance offices and libraries usually have copies of the directories listed below, as well as college catalogs that can provide more information on specific institutions.

America's Learning Exchange, a Department of Labor website, is a valuable resource for anyone searching for specific training courses. It provides a searchable database that includes more than 6,000 training providers, offering more than 350,000 programs, seminars, and courses. Internet: <http://www.alx.org>

The Department of Education's IPEDS (Integrated Postsecondary Education Data System) program has an interactive school search system. You can search for any postsecondary school, focusing your search for a school based upon many factors: number of students, type of school (two-year colleges, four-year colleges, trade schools), public or privately funded institutions, instructional programs and fields of study (majors), accreditation, and geographic location. Once you've narrowed your choices, the site provides more detailed information on specific schools, including contact information. There also are links to helpful sites. Internet: <http://nces.ed.gov/ipeds/cool/index.asp>

*The Directory of Private Career Schools and Colleges of Technology*, put out by the Accrediting Commission of Career Schools and Colleges of Technology, is a helpful resource. Be sure to

use the latest edition because these directories and catalogs are revised periodically.

Information about home or correspondence study programs appears in the *Directory of Accredited Institutions*. Send requests for the *Directory* and a list of other publications to:

- Distance Education and Training Council, 1601 18th St. NW., Washington, DC 20009-2529. Phone: (202) 234-5100. Internet: <http://www.detc.org>

Information about apprenticeships is available from local labor unions, school guidance counselors, and State employment offices or from:

- Apprenticeship Training, Employer and Labor Services, U.S. Department of Labor, 200 Constitution Ave. NW., Washington, DC 20210. Phone: (202) 693-3812. Internet: <http://www.doleta.gov/individ/apprent.asp>

Completing an internship is an excellent way for students and others to learn about an occupation and to make valuable contacts. Many employers offer internships that provide short-term or part-time job experience that can lead to a permanent position. Contact your school's career guidance center or employers directly regarding internship opportunities.

## Financial aid information

Information about financial aid is available from a variety of sources. Contact your high school guidance counselor and college financial aid officer for information concerning qualifications and applications for scholarships, fellowships, grants, loans, and work-study programs. Every State administers financial aid programs; contact State Departments of Education for information. Banks and credit unions will provide information about student loans. You also may want to consult the directories and guides available in guidance offices and public libraries for sources of student financial aid.

The Federal Government provides grants, loans, work-study programs, and other benefits to students. Information about programs administered by the U.S. Department of Education is presented in *The Student Guide to Federal Financial Aid Programs*, updated annually. To receive a copy, write to:

- Federal Student Aid Information Center, c/o Federal Student Aid Programs, P.O. Box 84, Washington, DC 20044-0084. Phone: (800) 433-3243. Internet: <http://www.ed.gov/offices/OSFAP/Students>

The U.S. Department of Health and Human Services offers student loan, scholarship, and faculty loan repayment programs. For information, contact:

- HRSA, Bureau of Health Professions, Division of Student Assistance, Parklawn Bldg., Room 8-34, 5600 Fishers Lane, Rockville, MD 20857. Phone: (888) 275-4772. Internet: <http://www.bhpr.hrsa.gov/dsa/index.htm>

Copies of *The Student Guide*, a guide to financial aid, are available from the U.S. Department of Education, Federal Student Aid Information Center.

- Phone: (800) 433-3243. Internet: [http://www.ed.gov/prog\\_info/SFA/StudentGuide](http://www.ed.gov/prog_info/SFA/StudentGuide)

*College is Possible*—a resource guide prepared by the Coalition of America's Colleges and Universities and the U.S. Department of Education—lists books, pamphlets, and Internet sites to help students prepare for, choose, and pay for college. It includes information on scholarships and is available in English and Spanish.

- Phone: (800) 433-3243. Internet: <http://www.collegeispossible.org>

The Armed Forces have several educational assistance programs. These include the Reserve Officers' Training Corps (ROTC), the new G.I. bill, and tuition assistance. Information can be obtained from military recruiting centers, located in most cities.

- Internet: [http://www.defenselink.mil/other\\_info/careers.html](http://www.defenselink.mil/other_info/careers.html)

## State and local information

The *Handbook* provides information for the Nation as a whole. State or local area information is available from:

**State employment security agencies.** These agencies develop detailed information about local labor markets, such as current and projected employment by occupation and industry, characteristics of the work force, and changes in State and local area economic activity. Listed below are the Internet addresses of these agencies and addresses and telephone numbers of the directors of research and analysis in these agencies.

Most States have career information delivery systems (CIDS). Look for these systems in secondary schools, postsecondary institutions, libraries, job training sites, vocational rehabilitation centers, and employment service offices. The public can use the systems' computers, printed material, microfiche, and toll free hotlines to obtain information on occupations, educational opportunities, student financial aid, apprenticeships, and military careers. Ask counselors for specific locations.

State occupational projections also are available on the Internet: <http://almis.dws.state.ut.us/occ/projhome.asp>

### Alabama

Chief, Labor Market Information, Alabama Department of Industrial Relations, 649 Monroe St., Room 422, Montgomery, AL 36130. Phone: (334) 242-8800. Internet: <http://www.dir.state.al.us/lmi>

### Alaska

Chief, Research and Analysis, Alaska Department of Labor and Workforce Development, P.O. Box 25501, Juneau, AK 99802-5501. Phone: (907) 465-4500. Internet: <http://www.labor.state.ak.us>

### Arizona

Research Administrator, Arizona Department of Economic Security, Site Code 733A, P.O. Box 6123, Phoenix, AZ 85005. Phone: (602) 542-3871. Internet: <http://www.de.state.az.us/links/economic/webpage/page6.html>

### Arkansas

Robert Mantione, LMI Director, Arkansas Employment Security Department, P.O. Box 2981, Little Rock, AR 72203-2981. Phone: (501) 682-3159. Internet: <http://www.state.ar.us/esd>

### California

Chief, Labor Market Information Division, California Employment Development Department, P.O. Box 826880, MIC 57, Sacramento, CA 94280-0001. Phone: (916) 262-2160. Internet: <http://www.calmis.cahwnet.gov>

### Colorado

Colorado Department of Labor and Employment, Labor Market Information, 1515 Arapahoe St., Tower 2, Suite 400, Denver, CO 80202-2117. Phone: (303) 318-8850. Internet: <http://lmi.cdle.state.co.us>

### Connecticut

Director, Office of Research and Information, Connecticut Labor Department, 200 Folly Brook Blvd., Wethersfield, CT 06109-1114. Phone: (860) 263-6255. Internet: <http://www.ctdol.state.ct.us/lmi/index.htm>

### Delaware

Office of Occupational and Labor Market Information, Delaware Department of Labor, P.O. Box 9965, Wilmington, DE 19809-0965. Phone: (302) 761-8060. Internet: <http://www.oolmi.net>

**District of Columbia**

Chief of Labor Market Information, District of Columbia Department of Employment Services, 500 C St. NW., Room 201, Washington, DC 20001. Phone: (202) 724-7213. Internet: [http://does.dc.gov/info/labor\\_mkt.shtm](http://does.dc.gov/info/labor_mkt.shtm)

**Florida**

Agency for Workforce Innovation, Labor Market Statistics, Commerce Industrial Center Building B, 367 Marpan Lane, Tallahassee, FL 32305. Phone: (850) 488-1048. Internet: <http://www.labormarketinfo.com>

**Georgia**

Director, Labor Market Information, Georgia Department of Labor, 148 International Boulevard NE., Atlanta, GA 30303-1751. Phone: (404) 656-3177. Internet: <http://www.dol.state.ga.us/lmi>

**Guam**

Administrator, Department of Labor, Guam Employment Services, P.O. Box 9970, Tamuning, Guam 96931-9970. Phone: (671) 647-7066. Internet: <http://gu.jobsearch.org>

**Hawaii**

Chief, Research and Statistics Office, Hawaii Department of Labor and Industrial Relations, 830 Punchbowl St., Room 304, Honolulu, HI 96813. Phone: (808) 586-8999. Internet: <http://dlir.state.hi.us>

**Idaho**

Bureau Chief, Research and Analysis, Idaho Department of Labor, 317 Main St., Boise, ID 83735-0001. Phone: (208) 332-3570 x3136. Internet: <http://www.sde.state.id.us/cis>

**Illinois**

Economic Information and Analysis Manager, Illinois Department of Employment Security, 401 South State St., Suite 743, Chicago, IL 60605. Phone: (312) 793-2316. Internet: <http://www.ioicc.state.il.us/LMI/default.htm>

**Indiana**

Director, Labor Market Information, Indiana Department of Workforce Development, Indiana Government Center South, E211, 10 North Senate Ave., Indianapolis, IN 46204-2277. Phone: (317) 232-7460. Internet: <http://www.dwd.state.in.us>

**Iowa**

Division Administrator, Research and Information Services, Iowa Workforce Development, 1000 East Grand Ave., Des Moines, IA 50319-0209. Phone: (800) JOB-IOWA. Internet: <http://www.state.ia.us/iwd>

**Kansas**

Chief, Labor Market Information Services, Kansas Department of Human Resources, 401 SW Topeka Blvd., Topeka, KS 66603-3182. Phone: (785) 296-5058. Internet: <http://laborstats.hr.state.ks.us>

**Kentucky**

Manager, LMI Branch, Division of Administration/Financial Management, Department of Employment Services, 275 East Main St., Suite 2-C, Frankfort, KY 40621. Phone: (800) 542-8840. Internet: <http://www.des.state.ky.us/agencies/wforce/des/lmi/lmi.htm>

**Louisiana**

Louisiana Department of Labor, Office of Occupational Information, Research and Statistics Division, P.O. Box 94094, Baton Rouge, LA 70804-9094. Phone: (888) 302-7662. Internet: <http://www.ldol.state.la.us/LMIQM.asp>

**Maine**

Director, Labor Market Information Services, Maine Department of Labor, 20 Union St., Augusta, ME 04330. Phone: (207) 287-2271. Internet: <http://www.state.me.us/labor/lmis/rdef.htm>

**Maryland**

Director, Office of Labor Market Analysis and Information, Maryland Department of Labor, Licensing and Regulations, 1100 North Eutaw St., Room 601, Baltimore, MD 21201. Phone: (410) 767-2250. Internet: <http://www.dllr.state.md.us/lmi/index.htm>

**Massachusetts**

Labor Market Information and Research Director, Massachusetts Division of Employment and Training, 19 Staniford St., 2nd Floor, Boston, MA 02114. Phone: (617) 626-5744. Internet: <http://www.detma.org/lmi>

**Michigan**

Director, Office of Labor Market Information, Department of Career Development, Employment Service Agency, 7310 Woodward Ave., Room 520, Detroit, MI 48202. Phone: (313) 872-0990. Internet: <http://www.michlmi.org>

**Minnesota**

Director, BLS Programs, Research and Statistical Office, Minnesota Department of Economic Security, 390 North Robert St., 5th Floor, St. Paul, MN 55104. Phone: (651) 296-4087. Internet: <http://www.mnworkforcecenter.org/lmi/careers/index.htm>

**Mississippi**

Labor Market Information Director, Mississippi Employment Security Commission, P.O. Box 1699, Jackson, MS 39215-1699. Phone: (601) 961-7424. Internet: <http://208.137.131.31/lmi/index.html>

**Missouri**

Department of Economic Development, Division of Workforce Development, Labor Market Information Section, P.O. Box 1087, Jefferson City, MO 65102. Phone: (573) 751-3595. Internet: <http://www.works.state.mo.us/lmi>

**Montana**

Research and Analysis Bureau, Job Services Division, Montana Department of Labor and Industry, P.O. Box 1728, Helena, MT 59624-1728. Phone: (406) 444-2430; within Montana at (800) 633-0229; outside Montana at (800) 541-3904. Internet: <http://rad.dli.state.mt.us>

**Nebraska**

Labor Market Information Administrator, Nebraska Department of Labor, 550 South 16th St., P.O. Box 94600, Lincoln, NE 68509-4600. Phone: (402) 471-2600. Internet: <http://www.dol.state.ne.us/nelmi.htm>

**Nevada**

Chief, DETR, Bureau of Research and Analysis, Information Development and Processing Division, 500 East Third St., Carson City, NV 89713-0001. Phone: (775) 684-0450. Internet: <http://detr.state.nv.us/lmi/index.htm>

**New Hampshire**

Director, Economic and Labor Market Information Bureau, New Hampshire Department of Employment Security, 32 South Main St., Concord, NH 03301. Phone: (603) 228-4123. Internet: <http://www.nhworks.state.nh.us/lmipage.htm>

**New Jersey**

Assistant Commissioner, Labor Planning and Analysis, New Jersey Department of Labor, P.O. Box 56, 5th Floor, Trenton, NJ 08625-0056. Phone: (609) 292-2643. Internet: <http://www.state.nj.us/labor/lra>

**New Mexico**

Economic Research and Analysis Bureau, New Mexico Department of Labor, 401 Broadway Blvd. NE, P.O. Box 1928, Albuquerque, NM 87103. Phone: (505) 841-8645. Internet: [http://www3.state.nm.us/dol/dol\\_lmif.html](http://www3.state.nm.us/dol/dol_lmif.html)

**New York**

Director, Division of Research and Statistics, New York Department of Labor, State Office Building Campus, Room 400, Albany, NY 12240. Phone: (518) 457-6369. Internet: <http://www.labor.state.ny.us/html/career/lmi.htm>

**North Carolina**

Director, Labor Market Information, North Carolina Employment Security Commission, P.O. Box 25903, Raleigh, NC 27611. Phone: (919) 733-2936. Internet: <http://www.esc.state.nc.us>

**North Dakota**

Program Support Area Manager, Job Service North Dakota, 1000 East Divide Ave., P.O. Box 5507, Bismarck, ND 58506-5507. Phone: (701) 328-2868. Internet: <http://www.jobsnd.com>

**Ohio**

Director, Ohio Department of Job and Family Services, ORAA, LMI Bureau, 4300 Kimberly Pkwy., 3rd Floor, Columbus, OH 43232. Phone: (614) 752-9494. Internet: <http://lmi.state.oh.us>

**Oklahoma**

Director, Labor Market Information, Economic Research and Analysis Division, Oklahoma Employment Security Commission, P.O. Box 52003, Oklahoma City, OK 73152-2003. Phone: (405) 525-7265. Internet: <http://www.oesc.state.ok.us/lmi/default.htm>

**Oregon**

Labor Market Information Director, Oregon Employment Department, 875 Union St. NE., Salem, OR 97311. Phone: (503) 947-1212. Internet: <http://olmis.emp.state.or.us>

**Pennsylvania**

Director, Center for Workforce Information and Analysis, Pennsylvania Department of Labor and Industry, 7th and Forester Streets., Room 220, Labor and Industry Building, Harrisburg, PA 17120-0001. Phone: (877) 4WF-DATA. Internet: <http://www.dli.state.pa.us/workforceinfo>

**Puerto Rico**

Director, Research and Statistics Division, Puerto Rico Bureau of Employment Security, 505 Munoz Rivera Ave., 17th Floor, Hato Rey, PR 00918. Phone: (787) 754-5385. Internet: <http://www.interempleo.org>

**Rhode Island**

Director, Labor Market Information, Rhode Island Department of Labor and Training, Building 73, 2nd Floor, 1511 Pontiac Ave., Cranston, RI 02920-4407. Phone: (401) 462-8740. Internet: <http://www.det.state.ri.us/webdev/lmi/lmihome.html>

**South Carolina**

Director, Labor Market Information, South Carolina Employment Security Commission, 631 Hampton St., P.O. Box 995, Columbia, SC 29202. Phone: (803) 737-2660. Internet: <http://www.sces.org/lmi/index.htm>

**South Dakota**

Director, Labor Market Center, South Dakota Department of Labor, P.O. Box 4730, Aberdeen, SD 57402-4730. Phone: (605) 626-2314. Internet: <http://www.state.sd.us/dol/lmic/index.htm>

**Tennessee**

Director, Research and Statistics Division, Tennessee Department of Labor and Workforce Development, 500 James Robertson Pkwy., Davy Crockett Tower, 11th Floor, Nashville, TN 37245-1000. Phone: (615) 741-2284. Internet: <http://www.state.tn.us/esdiv.html>

**Texas**

Director of Labor Market Information, Texas Workforce Commission, 9001 IH-35 North, Suite 103A, Austin, TX 78753. Phone: (866) 938-4444. Internet: <http://www.texasworkforce.org/lmi/lfs/lfshome.html>

**Utah**

Director, Labor Market Information, Utah Department of Workforce Services, 140 East 300 South, P.O. Box 45249, Salt Lake City, UT 84145-0249. Phone: (801) 526-9675. Internet: <http://www.dws.state.ut.us>

**Vermont**

Chief, Research and Analysis, Vermont Department of Employment and Training, 5 Green Mountain Dr., P.O. Box 488, Montpelier, VT 05601-0488. Phone: (802) 828-4153. Internet: <http://www.det.state.vt.us>

**Virgin Islands**

Chief, Bureau of Labor Statistics, Virgin Islands Department of Labor, 53A and 54A&B Kronprindsens Gade, Charlotte Amalie, St. Thomas, VI 00802. Phone: (340) 776-3700. Internet: <http://www.vidol.org>

**Virginia**

Director, Economic Information and Services Division, Virginia Employment Commission, 703 East Main St., P.O. Box 1358, Richmond, VA 23218-1358. Phone: (804) 786-8223. Internet: [http://www.vec.state.va.us/index\\_labor.cfm](http://www.vec.state.va.us/index_labor.cfm)

**Washington**

Director, Labor Market and Economic Analysis, Employment Security Division, Mail Stop 6000—P.O. Box 9046, Olympia, WA 98507-9046. Phone: (800) 215-1617. Internet: <http://www.wa.gov/esd/lmea>

**West Virginia**

Director, Research, Information and Analysis, West Virginia Bureau of Employment Programs, 112 California Ave., Charleston, WV 25305-0112. Phone: (304) 558-2660. Internet: <http://www.state.wv.us/bep/lmi/default.htm>

**Wisconsin**

Chief, LMI Data Development, Wisconsin Department of Workforce Development, 201 East Washington Ave., Room G200, Madison, WI 53702. Phone: (608) 266-2930. Internet: <http://www.dwd.state.wi.us/lmi>

**Wyoming**

Manager, Research and Planning, Employment Resources Division, Wyoming Department of Employment, P.O. Box 2760, Casper, WY 82602-2760. Phone: (307) 473-3801. Internet: <http://wydoe.state.wy.us>